<https://tpchd.org/healthy-places/emergency-preparedness/>

[Home](https://tpchd.org/) » [Healthy Places](https://tpchd.org/healthy-places/) » **Emergency Preparedness**

**Emergency Preparedness**

**Keep yourself, your family, and your home safe.**

**Follow these 4 steps to prepare your family.**

**Make an emergency plan.**

Check out these tools:

* [Make a Plan](https://www.ready.gov/plan-form) from ready.gov.
* [Bucket List](https://www.piercecountywa.gov/DocumentCenter/View/64922/Pierce-County-Bucket-List-Digital?bidId=) from Pierce County.
* [Prepare in a Year](https://mil.wa.gov/asset/5f171cc0a935f) from Washington Emergency Management Division.

**Have 2 weeks of supplies ready.**

These lists can help:

* [Build a Kit](https://www.ready.gov/kit) from ready.gov.
* [Bucket List](https://www.piercecountywa.gov/DocumentCenter/View/64922/Pierce-County-Bucket-List-Digital?bidId=) from Pierce County.

**Sign up for emergency alerts.**

Opt in to receive alerts at:

* [Tacoma emergency notifications](https://www.cityoftacoma.org/government/city_departments/fire/emergency_management/tacoma_s_emergency_notification_system).
* [Other cities’ CodeRED alerts](https://www.epiceoc.com/pages/alerts).
* [Pierce County ALERT](https://www.piercecountywa.gov/921/Pierce-County-ALERT).
* [Washington alerts and warnings](https://mil.wa.gov/alerts).

**Know the hazards where you live.**

Learn more at:

* [Know Your Hazards](https://www.piercecountywa.gov/6481/Know-Your-Hazards) from Pierce County.
* [Geological Map](https://geologyportal.dnr.wa.gov/2d-view#wigm?-14056695,-12882622,5739421,6308723?Surface_Geology,500k_Surface_Geology,Map_Units) from Washington Department of Natural Resources.

**Include the whole family in emergency planning with these resources.**

* [Ready Wrigley](https://www.cdc.gov/orr/readywrigley/books.htm).
* [FEMA’s Ready Kids](https://www.ready.gov/kids).
* [Older adults](https://www.ready.gov/older-adults).
* [People with disabilities](https://www.ready.gov/disability).
* [Pets and animals](https://www.ready.gov/pets).
* [Immersion foot resources](https://www.cdc.gov/natural-disasters/psa-toolkit/preventing-trench-foot-or-immersion-foot.html).

**Use these resources to respond to an emergency.**

[**Boil Water Advisory**](https://tpchd.org/healthy-homes/outdoor-air-quality/wildfire-smoke/)

[**Carbon Monoxide**](https://tpchd.org/healthy-homes/outdoor-air-quality/wildfire-smoke/)

[**Flooding**](https://tpchd.org/healthy-places/emergency-preparedness/flooding-be-prepared/)

[**Keep Cool for Summer**](https://tpchd.org/healthy-places/emergency-preparedness/keep-cool/)

[**Power Out - Home**](https://tpchd.org/healthy-people/food-safety-for-consumers/power-outages-at-home/)

[**Power Out - Food Business**](https://tpchd.org/healthy-places/food-safety/existing-food-businesses/power-outages-at-food-businesses/)

[**Prevent Frostbite & Hypothermia**](https://tpchd.org/healthy-places/emergency-preparedness/frostbite-and-hypothermia/)

[**Wildfire Smoke**](https://tpchd.org/healthy-homes/outdoor-air-quality/wildfire-smoke/)

**Our role**

* Help people, healthcare providers, and community agencies prepare for and respond to emergencies.
* Take legal action to protect the public’s health.
* Work with Northwest Healthcare Response Network before, during, and after emergencies.
* [How we prepare for and respond to emergencies](https://tpchd.org/wp-content/uploads/2023/12/How-We-Prepare-for-and-Respond-to-Emergencies.pdf).
* [COVID-19 after-action report](https://tpchd.org/wp-content/uploads/2023/12/COVID19-AfterAction-Report.pdf).

Local emergency management agencies and partners

* [Washington State Department of Health.](https://doh.wa.gov/emergencies/be-prepared-be-safe)
* [Pierce County.](https://www.piercecountywa.gov/104/Emergency-Management)
* [Lakewood.](https://cityoflakewood.us/police-homepage/emergency_preparedness/)
* [Puyallup.](https://www.cityofpuyallup.org/369/Emergency-Management)
* [Tacoma.](https://www.cityoftacoma.org/cms/One.aspx?portalId=169&pageId=17613)
* [Northwest Healthcare Response Network.](https://nwhrn.org/)
* [Pierce County Medical Reserve Corps](https://piercecountymrc.org/)

Questions?

Contact Gabrielle Hubbard, Program Manager, at (253) 649-1777 or [ghubbard@tpchd.org](mailto:ghubbard@tpchd.org).

**Resources for providers**

* [Carbon monoxide poisoning medical report form](https://tpchd.org/wp-content/uploads/2023/12/Carbon-Monoxide-Reporting.pdf).
* [Prophylaxis treatment response](https://tpchd.org/wp-content/uploads/2023/12/Prophylaxis-Treatment.pdf).
* [Biological agents matrix](https://tpchd.org/wp-content/uploads/2023/12/Biological-Agents-Matrix.pdf).
* [Biological warfare agents](https://tpchd.org/wp-content/uploads/2023/12/Summary-of-Biological-Warfare-Agents.pdf).
* [Anthrax fact sheet](https://tpchd.org/wp-content/uploads/2023/12/Anthrax-Fact-Sheet.pdf).